



Resident Services

Empowering adults with
special needs to live and
explore life fully.

The Project

Villa de Vida Poway will provide 50 one-bedroom and 4 two-bedroom homes in the city of Poway created for residents with developmental disabilities. This beautiful, independent living community will be located at the corner of Oak Knoll Road and Pomerado Road. Each unit has a full kitchen, private bathroom, living room, bedroom and outdoor patio. Optional Resident Services will be provided by Villa de Vida Inc. (www.villadevida.org)

Resident Services

Our developmentally disabled residents are community members with access to a wide variety of supportive services, activities and opportunities for meaningful engagement with each other, our neighborhoods and our community.

A non-clinical Resident Services Coordinator and an Activity Coordinator will work to foster physical, emotional and cognitive health; authentic social connections; and a feeling that we live and work in a community where we are each known and valued.

We will partner with the professional service providers that our residents choose, those that offer Supported Living and Independent Living Services. We work to enhance the services that residents already have. We provide classes that focus on adaptive physical education (e.g. Yoga and dance). We work to improve receptive and expressive communication skills during social activities. Our goal is to use generalization so that skills learned with friends and coordinators can be used in employment settings and activities of daily living.

Once Villa de Vida, Poway, is opened we will offer a variety of on-site activities including exercise classes, yoga, dancing, walking groups, meditation, gardening, financial fitness classes, potlucks, and BBQs. Residents will also be able to participate in movie nights and dances on a monthly basis. Currently Villa de Vida, Inc. provides cooking classes and employment preparation through the City of Poway Community Services Department for special needs individuals. We have a robust Social Club that meets twice monthly in various locations throughout San Diego County.

What We Don't Do

We are not a Regional Center vendor. We do not offer licensed or professional services; this includes Supported Living and Independent Living Services. We do not offer medical care, we do not have nursing staff and/or administer medication. We do not provide direct transportation for residents or offer prepared meals. We are not a group home or institution.

Housing Stabilization

Our Resident Services and Activity Coordinator will help residents access resources such as: help with making rental payments, home energy assistance, access to food pantries, and referrals to food and transportation subsidies. Referrals to health resources, including psychological and medical, will be provided as they are essential to the well-being of Villa de Vida residents. The Resident Services and Activity Coordinator will help residents access a variety of no-cost and low-cost preventative, diagnostic and therapeutic resources. Resident Services staff will also host health resource fairs and healthy lifestyle and education workshops.

Workforce Development

When Villa de Vida residents compete for jobs, the economic stability and prosperity of our community is enhanced. Our Resident Services Coordinators will facilitate job fairs and collaborate with various partner agencies to provide job readiness coaching and employment opportunities for residents. Agencies that support adults with disabilities will be sought to help match Villa de Vida residents and their skills to the needs of employers in the surrounding community.

Leadership Development and Community Engagement

Our Resident Services Coordinator will encourage Villa de Vida residents to be leaders in their own communities. Residents will be offered opportunities to volunteer and be involved in the community through on and offsite events. Our residents will have the option to work with partner organizations that support adults with Special Needs. We will help raise awareness, educate and empower Villa de Vida residents and the community.

Crisis De-escalation and Resolution

Resident Services Coordinators will provide mediation, hear grievances, and will work to prevent any escalation of situations between residents. Villa de Vida staff will be trained to support residents with appropriate referrals and resources to support them as necessary.

Financial Education

The Resident Services and Activity Coordinator will facilitate educational workshops and counseling on budgeting, the importance of saving, goal-setting, building credit history, fraud prevention, and more.

Health and Wellness

Villa de Vida residents will be offered nutrition education classes and cooking demonstrations coordinated by Resident Services. We will work with local area food banks and other food delivery partner agencies. The goal is to help residents achieve a lifetime of good health by learning how to cook healthy and tasty food on a budget. We will also offer exercise classes, such as dance and yoga. We hope to teach our residents the importance of healthy choices and how they affect the brain and body in positive ways.

Social and Recreational Activities

A calendar of social and recreational activities will keep residents engaged, promote self-sufficiency and a healthy standard of living. Resident Services will plan BBQs, year-end celebrations, potlucks and coffee hours. We will recruit volunteers and local organizations to participate.

Our list opens Feb. 26th 2020. Apply Online at www.sdhcd.org

We open our doors Fall 2020. Our team is committed to success. We are partnered with Mercy Housing, one of the largest affordable housing developers in the United States. We have secured our location at 12341 Oak Knoll Road Poway, CA 92064, and are currently under construction. We are consistently raising funds through events, grants, products and services specific to adults with developmental disabilities. We will continue to offer and develop resources for our future Villa de Vida residents and the special needs community of San Diego County.

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